

DEREK CHECHAK, PHD, RSW

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EDUCATION

- 2011 – 2015 **PhD (Social Work)**
School of Social Work, Memorial University of Newfoundland
St. John's, Newfoundland and Labrador
Areas of Study: Professional dissonance; job satisfaction; mental health;
organizational studies; social work management; employee wellbeing;
psychosocial hazards of the workplace
- 2008 – 2009 **Master of Social Work**
School of Social Work and Faculty of Graduate Studies
King's University College at Western University, London, Ontario
Areas of Study: Social administration; prescription drug abuse; research
- 2004 – 2008 **Bachelor of Social Work (Honors)**
School of Social Work
King's University College at Western University, London, Ontario
Areas of Study: Health care; organizational studies; research
- 2004 – 2008 **Bachelor of Arts, Psychology**
King's University College at Western University, London, Ontario
Areas of Study: Social, clinical, and cognitive psychology

EMPLOYMENT EXPERIENCE

- 2018 – Present **Centre for Addiction and Mental Health (CAMH)**
Manager of Implementation, Provincial System Support Program
- Primarily responsible for overseeing the implementation of four provincial projects, including 1) Staged Screening and Assessment tools in addictions agencies, 2) the Ontario Perception of Care Tool for Mental Health and Addictions, 3) de-implementation of high-risk/low-value opioid prescribing practices, and 4) two collaborative quality improvement efforts in the South West and Champlain LHIN regions
 - Provide direct staff supervision to a small team of implementation specialists, and work collaboratively with staff across the program's 10 regional offices to implement the projects above with over 300 health service providers

2016 – 2018 Centre for Addiction and Mental Health (CAMH)*Implementation Specialist/Evaluator, Provincial System Support Program*

- CAMH's Provincial System Support Program works with partners across Ontario to support the province's 10-year Comprehensive Mental Health and Addictions Strategy and create sustainable, system-level change
- Primary responsibilities include working with hospitals, primary care providers, and community counselling agencies across Southwestern Ontario to support the implementation of a staged screening and assessment protocol and a standardized perception of client experience tool
- Collaborated with mental health and addictions organizations to implement evidence-based assessment, treatment, client experience surveys, and best practices
- Using principles of implementation science, system-level change management, and quality improvement, responsible for project evaluations to support the overall performance and reporting compliance of health service providers to the Ministry of Health and Long-Term Care

2013 – 2016

Pace Consulting Group*Social Work Practice Lead, Health and Wellness*

- Served as the Program Manager for the Pace Consulting Group employee assistance program, ensuring seamless clinical and administrative operations
- Provided clinical leadership and evidence-based consultation to a network of 150 associates, including 70 social work professionals, who provide short-term and crisis intervention counselling, allied health care, and workplace support (e.g., CISD) services
- Responsibilities included developing workshops promoting employee and workplace wellness initiatives, responding to employer requests for assistance with occupational health and safety issues, maintaining an online curricula of clinical support resources, workshop and training evaluation, preparation of annual EAP summary reports for customer accounts, responding to requests for proposals, and ancillary marketing, business development, and information technology functions
- Member of the Joint Health and Safety Committee

2013

Closing the Gap Healthcare Group*Registered Social Worker*

- Primarily responsible for in-home assessments and counselling services obtained by referral from the local Community Care Access Centre
- Focus of work included role and relationship adjustment following illness, impact of illness or disability, linkages with community resources, determining care needs, support families to identify and access financial or community assistance for situations of family conflict, social isolation, parenting or mental health issues, and suicide risk assessment.

2009 – 2013 **Regional Mental Health Care, London and St. Thomas**
St. Joseph's Health Care London
Registered Social Worker

- Most recently employed as a member of the Forensic Services Outreach team. Responsible for conducting psychosocial and risk assessments, preparing Ontario Review Board reports and evidentiary submissions, and providing social work interventions to supported clients.
- Previously employed with the Strathroy-Middlesex Assertive Community Treatment team from January to September 2012. Responsible for providing intensive case management, treatment planning and service coordination, and social work interventions to clients with serious and persistent mental illnesses.
- Previously employed in the Homes for Special Care program, first in 2009 and then in 2011. Responsible for client assessments, treatment planning, service coordination, and ensuring that group homes upheld Ministry of Health and Long-Term Care programming guidelines and legislative operating requirements.
- Previously employed at the Steele Street Treatment and Rehabilitation Residence in 2010, and served in a consultative leadership role to inpatient social workers and units during decommissioning.

2011 – 2013 **ComPsych Corporation**
Employee Assistance Counsellor

Provided short-term, solution-focused mental health counseling to adults as a member of ComPsych's employee assistance provider network.

2005 – 2010 **Community Living London**
Developmental Services Worker

Provided care in a 24-hour/day supportive group home. Primary duties included administering medication, promoting community involvement, and implementing psychological treatment plans as needed.

2006 **Canadian Mental Health Association, Middlesex**
Employment Support Counsellor

Provided supervised and community-based employment supports to individuals primarily with persistent mental illnesses.

2005 **Children's Aid Society of Haldimand and Norfolk**
Summer Camp Counsellor

Provided skill development coaching and supervised recreational activities at a day camp for children with complex behaviours.

2002 – 2005 **Norfolk Association for Community Living, Simcoe**
Project Coordinator and Employment Counsellor

- Coordinated a committee to promote the inclusion of persons with disabilities in community groups and service clubs. Offered training seminars and prepared educational materials.
- Coordinated a committee that planned and implemented a municipal forum to promote community involvement and volunteerism.
- Coordinated the organization's summer recreation for two years and provided job coaching.
- Provided job coaching to individuals supported by the employment services program.

RESEARCH AND ACADEMIC EXPERIENCE

2016 – Present **Memorial University of Newfoundland**
Lecturer

- As a lecturer at Memorial University of Newfoundland, I have taught Quantitative Research and Data Analysis at the PhD-level in the School of Social Work and Faculty of Nursing, and Introduction to Social Work Practice and Philosophy to first year BSW students.
- Taught Leadership and Social Policy at the MSW level in Winter 2019.

2009 – Present **Judith M. Dunlop and Associates, Windsor, ON**
Research Associate

- Performed data analysis for a program evaluation of a youth drop-in centre.
- Provided research assistance towards the development of a family-centered community planning and programming manual.
- Provided data analysis for a seniors' community centre computer training program.
- Explored service user collaboration initiatives in health and social services for an upcoming textbook, published by Lyceum in 2016.
- Collaborated on the co-authorship of two book chapters related to social work case management, published in Fall 2016.

2009 – 2014 **King's University College, Western University, London**
Research Assistant

- Provided preliminary data collection for a policy discourse analysis of intergenerational equity between Canada's growing aging and declining child and youth populations.
- Explored the evaluation and use of geographic information systems (GIS) mapping technology as a planning tool for social workers, through a collaborative examination of hate crime activity in the City of London with the London Police Service.
- Performed a literature review of substance abuse treatments and pharmacology for a second edition substance abuse textbook, published by Canadian Scholars' Press in 2016.

2012 – 2013 **King's University College, Western University, London**
Research Internship in Workplace Wellness

Completed an applied research internship co-authoring two book chapters and one journal article related to workplace violence and wellness. Supervised by Dr. Rick Csiernik, Professor, School of Social Work, King's University College at Western University.

2011 – 2012 **Prospect House Domiciliary Hostel, Tillsonburg, ON**
Policy and Practice Consultant

- Authored a proposal to the Oxford County Department of Social Services to secure municipal funding for a new domiciliary hostel in Tillsonburg.
- Developed operational policies for the employer related to employment standards, occupational health and safety, and Ontario Fire Code requirements.

2009 – 2011 **Mike Fidler and Associates, Simcoe, ON**
Research Consultant

Developed and implemented a joint program evaluation and intervention research program to assess children's responses to parental separation and the effectiveness of a novel attachment theory-based intervention.

Fall 2008 **London and Middlesex Housing Corporation**
Research Consultant

Performed secondary data analysis and reported on tenant evictions and sociodemographic trends across social housing sites in the City of London and Middlesex County.

Spring 2009 **Academic Research Proposals (Not Implemented)**
Stratford General Hospital, Stratford

Developed a program evaluation to examine the usefulness of a drop-in crisis group for clients waiting to receive mental health services.

Fall 2008 *City of London*

Developed a program and associated evaluation relating to the implementation of a four-pillar model prescription drug abuse prevention and treatment program.

2007 – 2008 *London and Middlesex Housing Corporation*

Completed a qualitative, dialogic program evaluation of the Hostels to Homes Program in London, Ontario. Supervised by Dr. Barbara Decker Pierce, Director and Associate Professor, School of Social Work, King's University College at Western University.

TEACHING EXPERIENCE

- Winter 2019 Leadership and Social Policy (MSW course)
School of Social Work
Memorial University of Newfoundland
- Fall 2016 Social Work Philosophy and Practice (BSW course)
School of Social Work
Memorial University of Newfoundland
- Spring 2016 Quantitative Research and Data Analysis (PhD course)
School of Social Work and Faculty of Nursing
Memorial University of Newfoundland

PEER-REVIEWER ACTIVITIES

- 2017 – Citizen Scientist, Cochrane Organization
- 2015 – 2016 National Conference, Canadian Association for Social Work Education
- 2014 – Journal of Forensic Social Work
- 2014 2014 National Joint Conference, Canadian Association of Social Workers and the Canadian Association for Social Work Education
- 2013 – Journal of the Society for Social Work and Research
- 2012 – Perspectives on Social Work, University of Houston Graduate College of Social Work, Houston, TX (USA)
- 2010 – Canadian Social Work Review and Canadian Social Work online journal

PEER-REVIEWED PUBLICATIONS

- Chechak, D., Dunlop, J.M., & Holosko, M.J. (2019). Evaluating youth drop-in programs: The utility of process evaluation methods. *Canadian Journal of Program Evaluation*, 34(Spring). doi:10.3138/cjpe.42976
- Chechak, D., & Dunlop, J. (2017). Assertive community treatment in M.J. Holosko (Ed.), *Social work case management: Case studies from the frontline*. Thousand Oaks, CA: Sage Publications.
- Holosko, D.A., & Chechak, D. (2017). Case management with long-term care applicants in M.J. Holosko (Ed.), *Social work case management: Case studies from the frontline*. Thousand Oaks, CA: Sage Publications.
- Chechak, D. (2015). Social work as a value-based profession: Value conflicts and implications for practitioners' self-concepts. *Journal of Social Work Values and Ethics*, 12(2), 41-48.

Chechak, D. (2015). Regulation of alcohol: A world overview. In S.C. Martin & J.G. Golson (Eds.), *Alcohol: Social, cultural, and historical perspectives*. Thousand Oaks, CA: Sage Publications.

Chechak, D., & Csiernik, R. (2014). Canadian perspectives on conceptualizing and responding to workplace violence. *Journal of Workplace Behavioral Health*, 29(1), 55-72. doi:10.1080/15555240.2014.866474

Chechak, D., & Csiernik, R. (2014). Workplace Violence. Chapter 2 in R. Csiernik (Ed.), *Workplace wellness: Issues and responses*. Toronto, ON: Canadian Scholars' Press.

Csiernik, R., & Chechak, D. (2014). Wellness and the Workplace. Chapter 6 in R. Csiernik (Ed.), *Workplace wellness: Issues and responses*. Toronto, ON: Canadian Scholars' Press.

Chechak, D. (2014). Workplace health services. In L. Cousins & G. Golson (Eds.), *Encyclopedia of human services and diversity*. Thousand Oaks, CA: Sage Publications.

Chechak, D. (2014). Case management. In L. Cousins & J.G. Golson (Eds.), *Encyclopedia of human services and diversity*. Thousand Oaks, CA: Sage Publications.

MANUSCRIPTS IN PRESS

None at present.

MANUSCRIPTS UNDER REVIEW

Chechak, D., & Dunlop, J.M. (Under review). Using geographic information system technology to explore hate crime hot spots: A case example from London, Ontario, Canada. Submitted to *Policing: A Journal of Policy and Practice*.

REPORTS AND PUBLICATIONS NOT PEER-REVIEWED

Chechak, D. (2015). *Professional dissonance as a predictor of job dissatisfaction and psychological distress among social work professionals: A cumulative risk model*. Memorial University of Newfoundland, Canada. Retrieved from <http://research.library.mun.ca/8503/>

Chechak, D. (2015, June). *Submission to the Ontario Ministry of Labour under the Changing Workplaces Review*. Kitchener, ON: Author.

Chechak, D. (2013, August). *Submission to the Ontario Minimum Wage Advisory Panel*. London, ON: Author.

Chechak, D. (2008, December). *Tenant evictions in the London and Middlesex Housing Corporation: Trends and key findings*. Report prepared for the Client Services Department, London and Middlesex Housing Corporation. London, ON: Author.

CREDITED (NON-AUTHOR) CONTRIBUTIONS

Dunlop, J., & Holosko, M. (2016). *Increasing service user participation in local planning: A how to manual for macro practitioners*. Chicago, IL: Lyceum.
Credited Research Assistant.

Csiernik, R. (2016). *Substance use and abuse: Everything matters* (2nd ed.). Toronto, ON: Canadian Scholars' Press Inc. **Credited Research Assistant.**

Dunlop, J.M. (2010, September). *Hate crime activity in the City of London*. Report prepared for the London Police Service. London, ON: Author. **Credited Research Assistant.**

Dunlop, J.M. (2010, May). *Sandwich Teen Action Group: Evaluation report prepared for the United Way of Windsor-Essex County*. London, ON: Author.
Credited Research Assistant.

CONFERENCE PRESENTATIONS

Chechak, D., Bourlak, M., & Baker, K. (2017, November 14). *From plan A to plan B: Implementation evolution through developmental evaluation, improvement cycles and design thinking*. Presentation at the Canadian Centre for Substance Abuse and Addiction's Issues of Substance Conference, Calgary, AB.

Chechak, D. (2017, July 9). *A fork in the road: Professional dissonance as a framework for the contradictory demands of counselling professionals*. Presentation at the Institute for Addiction Studies Conference, Innisfil, ON.

Chechak, D., & Dunlop, J.M. (2015, October 29). *Planning for youth evaluation: Turning knowledge into practice*. Presented at the Chatham-Kent Nonprofit Network and YouthREX Planning for Evaluation conference Chatham, ON.

Chechak, D. (2013, May 15). *Professional dissonance and its implications for social work management*. Presented at the Research to Practice Institute, affiliated with the 24th Annual Institute of the Network for Social Work Management, Rutgers University, Newark, NJ.

Chechak, D. (2010, October 15). *Hate crime activity in the City of London and the use of GIS mapping as a planning tool for social workers*. Presented at the King's University College Annual Social Work Research Day in London, Ontario.

PROFESSIONAL LICENCES AND MEMBERSHIPS

- 2008 – Registered Social Worker, in good standing with no certificate restrictions
Ontario College of Social Workers and Social Service Workers
License/Registration Number: 815186
- 2008 – Member, Ontario Association of Social Workers (OASW)
- 2012 – Member, Ontario Workplace Health Coalition
- 2013 – Member, Network for Social Work Management (United States)
- 2015 – Member, Canadian Association for Social Work Education

COMMUNITY SERVICE AND EXTRA-CURRICULAR ACTIVITIES

- 2016 – Mentor, Job Search Initiative, Ontario Association of Social Workers
- 2012 Member, Quality of Work Life Committee, St. Joseph's Health Care, London, ON
- 2010 Data collection consultant, Social Work Department, Thames Valley Family Health Team – South Site, London
- 2011 Curriculum advisory committee member, Poverty and Social Inclusion Community-University Research Alliance (CURA), London
- 2008 Admissions interviewer/panelist for BSW applicants, School of Social Work, King's University College, London
- 1998 – 2012 Music Ministry guitarist, St. Mary's Church, Simcoe, ON
- 2002 – 2004 Parish Council youth representative, St. Mary's Church, Simcoe
- 2002 – 2005 Youth group coordinator, St. Mary's Church, Simcoe
- 2002 – 2005 TV broadcasting crew member, Amtelecom Communications, Simcoe
- 1999 – 2002 Fundraiser, Lung Association of Haldimand-Norfolk, Simcoe